

U3A Calpe NEWSLETTER

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Quiz Night

We will be holding our annual Quiz Night on Friday 18th October at 7 for 7:30pm.

This will be held at The Bolero and will cost €10 to include supper and prizes.

Please contact Joy Lally to book your place on 96 649 8681 or lallyandjoy@hotmail.com

Hello and welcome to our first newsletter back after the summer break.

We hope that you have all managed to stay cool in what has been a very hot season. Thank goodness all those extra cars are disappearing!

The most important news we have to give you after this summer is that we have **changed our bank details.**

We have moved our bank accounts away from Barclays as they closed their Calpe branch in August and wanted to move us to Benidorm!

Our U3A bank accounts are now transferred to:

**BBK Kutxabank,
Calle Corbeta 13
03710 Calpe.**

Coming events

Our first general meeting back will be on **Thursday 19th September 2013** at the Ifach Hotel, Salon Mare Nostrum at 10:00 for 10:30 AM.

Further meetings will be on the following dates:

- Thursday 17th October at the Ifach Hotel, Salon Mare Nostrum at 10:00 for 10:30 AM
- Our AGM will be on Thursday 21st November at the Casa de Cultura at 10:00 for 10:30 AM

Please note that all of these meetings are on the **3rd Thursday** in the month.

Website News

Health and Well-being

By: Pat Spencer

At the start of the year, information was given in the Newsletter of a new page being added to the website with information on health and related topics.

A lot of this information has now been on the U3A web site for quite some time and we are now looking to update it and add to it.

Topics already include:

- The Spanish Healthcare Administration
- Patient Assistance & Information Service (SAIP)
- Your SIP Card

We would welcome any comments and anything you would like to see included on these pages.

Travel and Culture

Gandia and the Ducal Palace

Day trip - Friday 27th September
Only 5 places left!
€28 per person.

Eastern Med Cruise via Valencia

2 standard outside double cabins now available!

€995 Euros per person + travel insurance for €69 Euros per person.

Offer closes 20th Sept.

Eastern Med Cruise via Barcelona

We can now offer 1 superior outside cabin for €800 Euros per person.

For any further information please contact John Pickford, Travel Co-ordinator: **96 583 4904** or johnpickfordtravel@gmail.com

Rod Anderton, Culture: **96 583 2081**
or rodanderton@yahoo.co.uk

Groups News

Dance Fitness

Giovanna Wallis will be resuming her new Dance Fitness group in October.

Further details in next months newsletter.

Call Giovanna on 96 583 3197 or 634 347 937 to book your place.

Flower Arranging

This group, run by Tina Wallis, will re-commence on Monday 23rd September at 10:30am. Towards the summer break this group moved to its new home of Bar Topacio III on La Fossa beach.

There will be 6 classes between September and Christmas. Please contact Tina on 96 583 3197 or tinamaria19@gmail.com for more information and to sign up for this group.

Mosaics

This new group will start meeting once a week commencing Wednesday the 11th September. The class will begin at 10.30am at Audrey's home in Calpe and is intended for beginners and intermediaries.

If you would like to join this group, please call Audrey Coleman on 96 583 4388.

Spanish Classes

Due to cancellations, we can now offer further placements for beginners on a Friday morning at 9:30am. If this would be of interest to you, please contact Jan Newark on 96 583 6815.

Tenpin Bowling

A new format for this group!

We meet at the lanes in Moraira for a 7pm prompt start. We will now be playing 2 games and prizes will still be up for grabs! The new cost is €8 per person.

Our first meeting back after the summer break will be on Thursday 19th September.

As from October, we will be holding the meeting on the 2nd Thursday of the month (10th October).

This will mean that if you wish to attend both the September and the October meetings, you will need to pay up front at the September general meeting.

Book with Tina or Giovanna Wallis on 96 583 3197 or editor@u3acalpe.com

Member News

The U3A “All at Sea”

By: Pat Spencer

Whilst on a cruise earlier this year I noticed in the daily Bulletin that various associations such as Rotary, The Masons and Ex- Serviceman's Associations had organised meetings, and I thought why not the U3A? I had a word with the Cruise Director about the feasibility of such a meeting, and a time and place was arranged a few days later. I had written in the Bulletin “Are you a member of a U3A or would you like to know more about the Association?”

The meeting was held in a room used for the solemnisations of marriage and re-taking of vows. I wrote some information such as the web page and the aims and objectives of the U3A, on an easel and I arranged the chairs in a circle. Thirty people

turned up, about half were members of a U3A and the remainder just seeking information on what the U3A was and how to start a group. I asked everyone to introduce themselves and briefly tell the meeting the reason for coming. We had quite a lively chat, it was interesting to hear what other U3A's got up to and also clarifying what the non-members understood by the term U3A. The meeting lasted about an hour and the group indicated they would like to meet again. This was arranged for the next 2 Tuesdays.

In all I must have had about 100 people over the three meetings. It was a good way to meet some new passengers and it was satisfying when they saw me around the ship and asked about things to do with the U3A.

So you see even at sea you cannot get away from the influence of The U3A.

Social Event News

From: Joy Lally

We will be holding a Christmas dinner dance party on 5th December at the Diamante Beach Hotel. The U3A will be **sponsoring** part of the cost of this event. Duo Intermezzo will entertain us with a 3 hour show, the first hour being a cabaret style act.

In the New Year we are hoping to organise a return quiz with U3A Vall de Pop – they beat us overall last time in Senija and we would like to return the favour this time by ensuring a good turn-out by our quizzers.

Reports

Event Report: Summer Lunch

By: Enid Barton

After singing in the choir I was relieved not to have to cook a meal. The "Exotic" first course reassured me that I would be pleased with the decision. On a generous platter of mixed salad were tasty tapas sticks with cheese & on another, quality slices of jamon and other meats & cheese.

Two cutlets of swordfish arrived next (others had half a chicken or pizza or homemade lasagne, all served with *tempetchips*). The wide choice of drinks included as well was a bonus. Looking round, it was obvious all were enjoying themselves. What else could follow? Dancing of course.

Thank you, Joy and Committee. Another venue I will feel sure to visit again with friends. The staff were most pleasant.

Group Report: Mosaic Taster Group

By: Audrey Coleman

The two day mosaic taster held on the 5th and 12th June went very well and all those who attended completed their first project of a 'Starfish'.

Everybody did a great job and all who attended are keen to start up again in September.

Mosaics will meet once a week commencing Wednesday the 11th September, 10.30am start at my home in Calpe, and is intended for beginners and intermediaries.

I am also arranging for a glass cutting class to be held at Frank's glass shop in Gata in September and can take up to 10 people in any one

session. We may have a few places still open if anybody is interested.

I would also like to say a big thank you to Joy Lally, Carol Ritchie and Anna for their valuable assistance, advice and also for the loan of books and cutters.

If you are interested in joining our group or would like to join the glass cutting group please call Audrey on 96 583 4388.

Event Report: Summer Picnic

By: Amanda Llewellyn

The annual summer picnic took place in Valessa Park on Thursday 11th July 2013 and was attended by 27 people ranging from aged 6 to, well, over 60.

Although it was a hot afternoon there was plenty of shade under the trees where an array of picnic tables and chairs were set up.

An assortment of food and drink was brought and shared and as the afternoon progressed the atmosphere livened up – no doubt helped by a "small" amount of alcohol!!

Entertainment was in the form of Keith Cherry's crazy one-man cricket machine. The entertainment was not the box itself, but the look on the faces of the participants who were roped in by Peter Lally to play. The machine is difficult to describe, and at first difficult to master – hence the looks of astonishment, amazement, puzzlement and frustration, at times resembling the gurning of Benny Hill.

As we departed in the early evening we all agreed we had a good time, mainly thanks to the hospitality of our hosts Joy and Peter Lally.