March 2013

U3A Calpe NEWSLETTER

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Flamenco Night

On Sunday 17th March at 7:30pm we will be having our first U3A social event of the year. It will be held at The Bolero Restaurant and will include a 3 course meal with a Flamenco show for only €15!

Joy Lally will be taking names, money and menu choices at this month's meeting. You can also book with her on 96 649 8681 or lallyandjoy@hotmail.com Hello and welcome to our March Newsletter.

This month we are delighted to announce that we will be having a speaker at our March general meeting. His name is Peter Arnold and he will be giving a short talk about his vineyards and Bodega.

Please can we remind you to ensure you have registered your email address details with us, or if you think you have already done so, to check that the email contact information we already have on file is correct.

You can check this information with our membership secretary by either emailing her: <u>osborne.val@gmail.com</u> or seeing Val Osborne at the membership desk at any of our U3A general meetings.

The U3A Calpe has already started to send out this newsletter by email and we want to ensure that it is delivered to our members' correct email addresses. Also, don't forget to keep your articles and reports coming in for further newsletters so the rest of our members can keep up to date with your news.

Remember, this is your newsletter, for the members, by the members.

Coming events

The next General Meeting will be **Thursday, 11th April 2013** in the Ifach Hotel, Salon Mare Nostrum at 10:00 for 10:30 AM.

We are delighted to announce that next month our speaker will be Mike Rendell who is coming to talk to us about "The History of Gata de Gorgos".

As usual, you can pick up travel information and groups lists at our general meetings and it is always a great opportunity to meet with fellow members.

Future Meetings

Will members kindly note that as of next month, our U3A General Meetings will be held at the Ifach Hotel, in their Salon Mare Nostrum room.

The meetings we will hold there will be on the following dates:

- 11th April
- 9th May
- 13th June

Members will be able to obtain drinks in the bar lobby area which is immediately outside the meeting room and there is also an open terrace, use of which is subject to weather!

Consulate Talk

The Consular General has organized a talk to be given on 7th May at 12pm in the Salon Blau, Casa de Cultura, Calpe.

The talk will be on applying for the European Health Card.

There is now also a website where you can find information on health care in Spain: <u>www.healthcareinspain.eu</u>

Travel and Culture

Viva Espana

Please note that there has been a change of date for this trip.

Our new date is Sunday 2nd June.

We now have 38 people attending this event, including 8 non members who are to pay a premium price.

There are still places available on this trip, it will cost \notin 35 and includes the show and a meal.

Please book at the Travel Desk at this month's general meeting or alternatively, please contact Rod Anderton directly.

Peniscola and Barcelona

17th – 20th April 2013 Cost: €320 per person

This trip includes 3 nights accommodation on a full board basis including water and wine.

It is a great opportunity to see these wonderful places, and the price includes an English speaking tour guide.

Cordoba and Seville

3rd – 7th June 2013 Cost: €390 per person

This trip includes 4 nights accommodation on a full board basis including water and wine.

This is another great opportunity for you to see more of what this great country we live in has to offer.

For further details of these trips please contact John Pickford, Travel Co-ordinator: **96 583 4904** and johnpickfordtrave@gmail.com

Rod Anderton, Culture Coordinator, is on **96 583 2081** and <u>rodanderton@yahoo.co.uk</u>

Have a Giggle

Practice safe eating - always use condiments

A man needs a mistress just to break the monogamy.

A chicken crossing the road is poultry in motion.

She was engaged to a boyfriend with a wooden leg, but broke it off.

Groups News

Guitar Lessons

As you will see later on in this newsletter, Mark Sanderson's guitar lessons have started well.

If you are interested, classes are at Marks home on Tuesdays with absolute beginners starting at 3:45pm and everyone else to join in and play together from 4pm, until you've all had enough! The cost is €5 per class or €20 for 5 classes. If you need to miss one or more, with a day's notice, you will be credited for future classes.

For more details please contact Mark on 96 583 9581 or retromusic@live.co.uk.

Flower Arranging

Tina Wallis holds this group every other Monday at the Bolero Restaurant on La Fossa beach from 12:45-2:45pm.

The dates from March until May are as follows:

- March: 11th and 25th
- April: 8th and 29th
- May: 13th and 27th

Contact Tina for more information on 96 583 3197 or tinamaria19@gmail.com

Painting – Watercolour (2)

Calling all closet artists, learn to express yourself in watercolour.

If you've never painted before, but think there might just be a masterpiece or two inside you waiting to be discovered, come and join our small friendly group. We meet every Monday afternoon 3 to 5 at Hilary's home, just off the Calpe/Moraira coast road. Hilary will show you what you need, where to get it and how to use it.

For more information, please contact Hilary on 96 649 7014 or <u>chris.hare@telefonica.net</u>

Swimming

Following high interest from our members, we now have 3 lanes allocated at the municipal pool on Wednesday mornings 10-11AM. It has taken a great deal of time and effort from group leader Nicola Martinez to get this up and running so please give it your full support.

Contact Nicola Martinez for further details on 96 583 2837.

Tenpin Bowling

We meet in Moraira on the 3rd Thursday of the month, 7:00 for 7:30_{PM}. Next meeting will be on Thursday 21st March.

Book with Giovanna Wallis on 96 583 3197 or <u>editor@u3acalpe.com</u>

Quiz Teams Needed!

Val de Pop U3A has challenged us to compete against them in a Quiz night.

We will need 6 teams, with 4 people per team (24 volunteers in all), to maintain the reputation of the U3A Calpe being "The first & the best!" If this event goes well, there is a possibility of a return match in Calpe, later in the year.

The date will be Friday 12th April at 7:30pm, at Bar Nou in Senija.

We will be having a fish & chip supper, with bread & alioli, ice-cream & fresh fruit and half bottle of wine/water for only 11euros. There will be a prize for the best individual team as well as the inter-U3A contest!

You can book for this, either individually or as a 'ready made' team, with Joy Lally on 96 649 8681 or 646 729 794 or e-mail her <u>lallyandjoy@hotmail.com</u>

Joy will also be taking bookings at this month's general meeting.

Calpe News

Bird Nesting Boxes

The Association "Embracing the World" has paid for 40 bird nesting boxes to be made to be placed in trees in Calpe to encourage more wildlife into the area.

The Association was joined by the Town Hall and the Spanish Ornithological Association on Saturday 9th March to place the nesting boxes in the trees in the Olta mountain.

World Water Day

On Friday, 22nd March it is World Water day. A coach trip to see Calpe's Water Purifying Plant in Orba has been arranged for that day with a lunch afterwards at a Pizzaria in Orba.

Anyone interested in going should call Carole Saunders at the Town Hall on 647 371 581.

The coach is being paid for by Aguas de Calpe, the lunch will be 9€ and the main course selection is Pizza, Pasta or Monk Fish.

Bottle Top Collection

Since the bottle top campaign started, a cut back to aid for disabled people has been announced. We are therefore all joining forces to collect the tops for needs of the young handicapped people in town.

The Red Cross are now helping out and you can drop your tops off at their headquarters on Avenida Norte, the market street.

Reports

Group Report: Guitar Lessons

By: Mark Sanderson

Tuesday 5th February saw the first guitar class at my house.

We'd met for an introduction the previous week and decided that because so many people are involved in other activities on Tuesday mornings, Tuesday afternoons at 4pm suited everyone better.

The class is of mixed ability. Some people have never played before. Others have a smattering of experience but all have a great deal of enthusiasm.

We started with a couple of basic chords, A and E (nothing to do with hospitals) and before too long we were playing "Dance the night away" by the Mavericks.

This is the selling point of this wonderful instrument and what has made it so popular to accompany songs of all kinds, all over the world. The early simple stuff sounds good and encourages one to progress. I can't imagine this scenario in a beginner's violin class!

Everyone (I hope) had a good time and we will continue over coming weeks.